

May 1, 2008

To those interested in PERT,

John and his PERT treatments have done amazing things for me. He continues to impress me with his knowledge of the human body and how to get it to perform to its maximum capabilities. During my last visit he was able to increase the mobility in my neck significantly in just a few minutes with PERT! That specific treatment was about 6 months ago and my increased range of motion is still there. I experienced decreased mobility for 10 years from a football injury featured on the Sports Illustrated Dec. 16, 1991 cover!

John Iams treated me throughout my 11 year NFL football career with great success.

He has always been on the cutting edge of treatment options for sports injuries.

He has treated my back, shoulders, knees, ankles and neck among other body parts for over 20 years. He has treated my wife Debbie's sport injuries, specifically gymnastic injuries, for over 30 years!

I make it a point to visit John for PERT when I am in the San Diego area. I highly recommend John Iams' Unique Primal Reflex Release Technique to anyone. I am extremely excited to benefit from his new PERT treatment. As I grow older my mobility has stayed the same and I am able to participate in many activities like golf and hiking.

Sincerely,

Jay Schroeder
NFL Quarterback 1984-1994
1986 Pro Bowl Quarterback
Super Bowl XXII Champion